

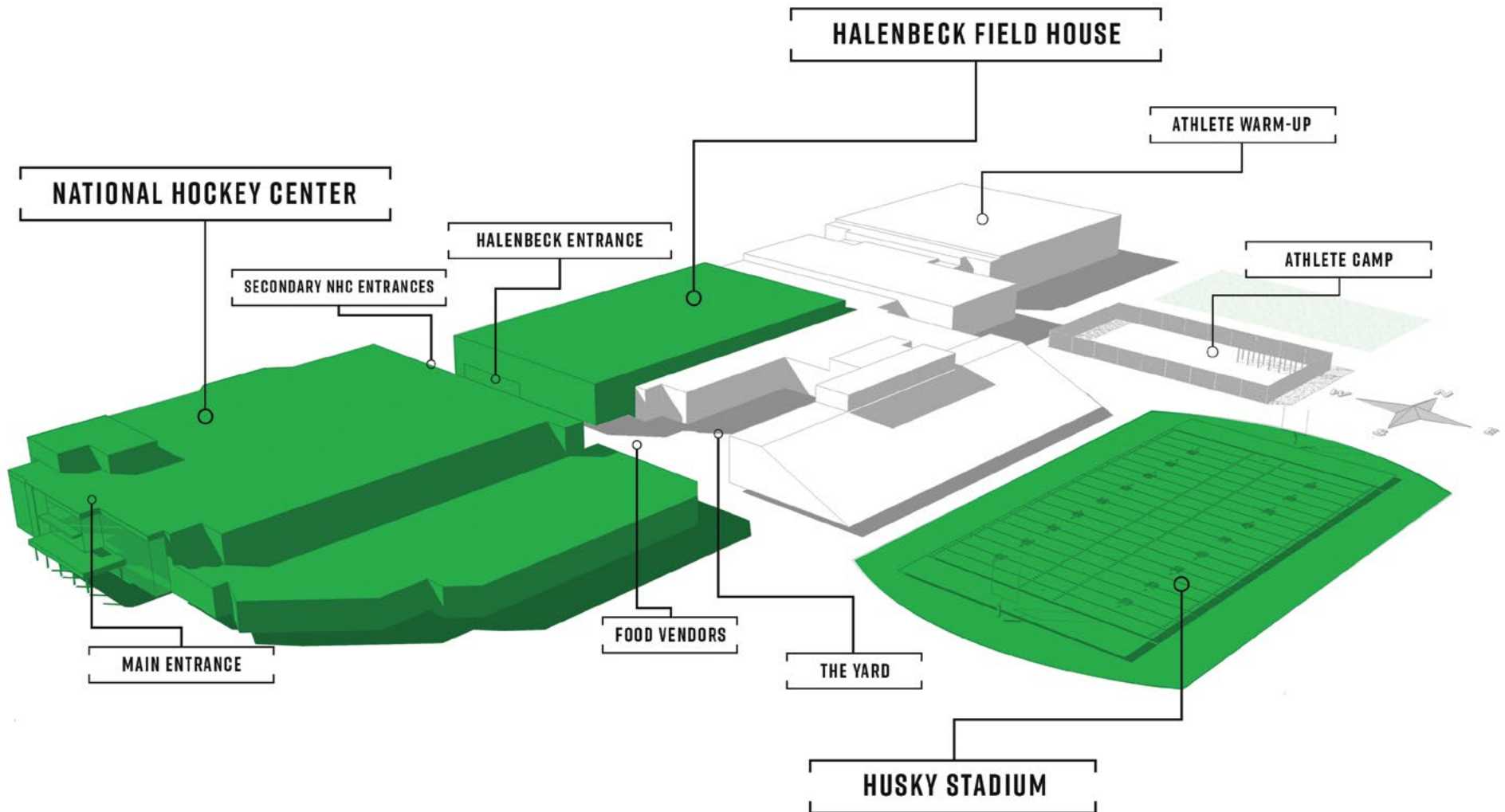


SKILL CLIFF
GRANITE
GAMES
2016

EVENT GUIDE

VENUE MAP

KILL CLIFF
GRANITE
GAMES
2016
SEPT 9TH - 11TH



FRIDAY

HALENBECK FIELD HOUSE

NATIONAL HOCKEY CENTER

EXTRA FLOOR

8AM			COMMUNITY TEAM N/A 8:00 - 9:30
9AM			
10AM			TEENS & MASTERS N/A 9:40 - 11:10
11AM		COMMUNITY TEAM DOUBLE BELL 11:00 - 11:52	
12PM	WOMEN'S TEAM III DEADLY ROPES 2.0 11:10 - 1:18		ASRX INDIVIDUALS WOMEN THEN MEN - N/A 11:15 - 12:55
1PM		TEENS & MASTERS DOUBLE BELL 12:00 - 1:55	
2PM	MEN'S TEAM III DEADLY ROPES 2.0 1:42 - 4:14		WOMEN'S TEAM III N/A 1:00 - 3:25
3PM		ASRX INDIVIDUALS WOMEN THEN MEN - DOUBLE BELL 2:00 - 3:20	
4PM			MEN'S TEAM III N/A 3:30 - 6:00
5PM	COMMUNITY TEAM DEADLY ROPES 2.0 4:30 - 5:25	WOMEN'S TEAM III DOUBLE BELL 3:30 - 5:45	
6PM	TEENS & MASTERS DEADLY ROPES 2.0 5:45 - 7:10		
7PM		MEN'S TEAM III DOUBLE BELL 5:50 - 8:30	
8PM	ASRX INDIVIDUALS WOMEN THEN MEN - DEADLY ROPES 2.0 7:30 - 8:30		

Full workout descriptions at: thegranitegames.com/2016-workouts

SATURDAY

HALENBECK FIELD HOUSE

NATIONAL HOCKEY CENTER

HUSKY STADIUM

8AM			
9AM		COMMUNITY TEAM SQUAT CLEAN & JERK - 9:00 - 9:47	
10AM			TEENS & MASTERS HANDSTAND WALK & THE LONGEST MILE 8:30 - 10:55
11AM	MEN'S TEAM III HANDSTAND WALK & NINE LIVES 9:30 - 12:21	ASRX INDIVIDUALS WOMEN THEN MEN SQUAT CLEAN & JERK - 10:10 - 11:31	
12PM			
1PM	COMMUNITY TEAM MIDLINE CRISIS 12:30 - 1:37	WOMEN'S TEAM III SQUAT CLEAN & JERK 11:50 - 2:05	MEN'S TEAM III THE LONGEST MILE 11:25 - 2:00
2PM			
3PM	WOMEN'S TEAM III HANDSTAND WALK & NINE LIVES 2:15 - 4:30		ASRX INDIVIDUALS WOMEN THEN MEN HANDSTAND WALK & THE LONGEST MILE 2:10 - 3:45
4PM		TEENS & MASTERS SQUAT CLEAN & JERK 2:30 - 4:25	
5PM			WOMEN'S TEAM III THE LONGEST MILE 4:05 - 6:25
6PM	TEENS & MASTERS MIDLINE CRISIS 4:50 - 6:15		
7PM	ASRX INDIVIDUALS WOMEN THEN MEN - MIDLINE CRISIS 6:35 - 7:30	MEN'S TEAM III SQUAT CLEAN & JERK 4:50 - 7:25	
8PM			COMMUNITY TEAM HANDSTAND WALK & THE LONGEST MILE 6:45 - 7:50

Full workout descriptions at: thegranitegames.com/2016-workouts

SUNDAY

HALENBECK FIELD HOUSE

NATIONAL HOCKEY CENTER

HUSKY STADIUM

8AM	TEENS & MASTERS PULL PUSH PULL 8:00 - 9:50	MEN'S TEAM III ROW JUMP SQUAT 8:15 - 10:19	WOMEN'S TEAM III RELAY & BREATHLESS 8:00 - 9:54
9AM			
10AM	ASRX INDIVIDUALS WOMEN THEN MEN PULL PUSH PULL 10:00 - 11:12	COMMUNITY TEAM IN SYNC - 10:30 - 10:58	TEENS & MASTERS RED LINE & BEAR CARRY 10:10 - 11:35
11AM		WOMEN'S TEAM III ROW JUMP SQUAT 11:10 - 12:58	ASRX INDIVIDUALS WOMEN THEN MEN RED LINE & BEAR CARRY 11:50 - 12:45
12PM	MEN'S TEAM III FLIP FLOP 11:25 - 1:45		COMMUNITY TEAM SHUTTLE & CARRY - 1:00 - 1:37
1PM		TEENS & MASTERS ROW JUMP SQUAT 1:10 - 2:42	MEN'S TEAM III RELAY & BREATHLESS 1:50 - 4:01
2PM	WOMEN'S TEAM III FLIP FLOP 2:00 - 4:02	ASRX INDIVIDUALS WOMEN THEN MEN ROW JUMP SQUAT 2:55 - 3:55	
3PM			
4PM	COMMUNITY TEAM FLIP FLOP 4:15 - 5:10		
5PM			AWARD CEREMONY 5:30 - 6:15
6PM			
7PM			
8PM	KILL CLIFF AFTER PARTY 8:00 - 2:00		

Full workout descriptions at: thegranitegames.com/2016-workouts

SPECIAL EVENTS

FRIDAY

10:00am - 8:00pm: **BEAN BAGS & SPIKE BALL** — The Yard

3:00pm - 4:00pm: **YOGA** — The Yard

5:40pm: **NATIONAL ANTHEM** — Halenbeck Field House

SATURDAY

9:25 am **NATIONAL ANTHEM** — Halenbeck Field House

10:00am - 8:00pm **BEAN BAGS & SPIKE BALL** — The Yard

SUNDAY

8:00am: **9/11 CEREMONY** — Husky Stadium

9:00 am - 10:00am: **KILL CLIFF WORKOUT** — The Yard

5:30pm **CLOSING CEREMONY** — Husky Stadium

8:00pm - 2am **KILL CLIFF AFTER PARTY** — Brothers Bar & Grill

*Stay tuned all weekend long for more events as they happen!

VENDORS ONSITE

- KILL CLIFF
- COMPEX
- FACTORY FORGED
- ROAD TO MINNESOTA SUPPLY CO.
- OSO BARBELL COLLARS
- REDLINE
- INVICTUS
- SFH
- OPEX
- SCHWINN
- ASCENT PROTEIN
- TORPEDO
- SPIDER CHALK
- JUMP N' ROPE
- SPIKEBALL
- JUNK
- RED WOD BLUE
- COMPETE EVRYDAY
- PURE WOD
- BOXSTAR APPAREL
- BEAR KOMPLEX
- MARC PRO
- DNX BAR
- UNBROKEN DESIGNS
- GBRX GEAR

FOOD VENDORS

- NICK'S THIRD FLOOR
- DEARDORFF HIGHLANDS
- QUARKS AMERICAN BENTO

Full workout descriptions at: thegranitegames.com/2016-workouts



SKILL CLIFF
GRANITE
GAMES
2016